

2021-2022 Human Growth & Development

Event Summary

Human Growth & Development provides members with the opportunity to gain knowledge and skills regarding biophysical, mental/cognitive, social, and emotional development in the human life span. This competitive event consists of a written test with a tie-breaker essay question. This event aims to inspire members to learn more about growth and development across the life span.

Dress Code Competitors must be in official HOSA uniform or in proper business attire. Bonus points will be awarded for [proper dress](#).

General Rules

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| 1. Secondary and Postsecondary / Collegiate divisions are eligible to compete in this event. |
| 2. All competitors shall report to the site of the event at the time designated for competition. At ILC, competitor's photo ID must be presented prior to ALL competition rounds. |
| 3. Academic Competition Events will be hosted on
March. 19. 2022 at 여의도 전경련회관, Conference Hall 2F , AM 10:00 |

Process

4. Official References:

- Polan, Elaine and Daphne Taylor, Journey Across the Lifespan: Human Development and Health Promotion. F.A. Davis, Latest edition.
- Leifer and Fleck. Growth and Development Across the Lifespan. Saunders, Latest edition.
- Simmers, L., Simmers-Nartker, Simmers-Kobelak. DHO: Health Science. Cengage Learning, Latest edition.

5. Written Test:

The written test will consist of 100 multiple choice items in a maximum of 90 minutes.

6. Essay Question:

One essay question will be administered with the original test. In case of a tie, the essay question will be judged and used to break the tie.

7. The test plan and resources for Human Growth & Development:

- Healthy People 5%
- Government influence on Health 6%
- Cultural considerations 5%
- Family Influences 10%
- Theories of Development 10%
- Prenatal 7%
- Infant 5%
- Early Childhood 10%

- Middle Childhood 6%
- Adolescence 5%
- Adulthood 15%
- Advanced old age and Geriatrics 5%
- Planning for end of life 3%
- Loss, Grief and Bereavement 5%
- Communication 3%

