

# 2021-2022 Behavioral Health

## Event Summary

Behavioral Health provides members with the opportunity to gain knowledge and skills surrounding psychology, the mind, mental health, and substance use disorders. This competitive event consists of a written test with a tie-breaker essay question. This event aims to inspire members to learn about and promote mental health resilience as well as learn how to support those in recovery, their families, and the health community.

**Dress Code** Competitors must be in official HOSA uniform or in proper business attire. Bonus points will be awarded for [proper dress](#).

## General Rules

1. Secondary and Postsecondary / Collegiate divisions are eligible to compete in this event.
2. All competitors shall report to the site of the event at the time designated for competition. At ILC, competitor's <a href="#">photo ID</a> must be presented prior to ALL competition rounds.
3. Academic Competition Events will be hosted on <b>March. 19. 2022 at 여의도 전경련회관, Conference Hall 2F , AM 10:00</b>

## Process

<p><b>4. Official References:</b></p> <ul style="list-style-type: none"> <li>• Substance Abuse and Mental Health Services Administration website</li> <li>• Cacioppo, John and Laura Freberg, Discovering Psychology. Cengage Learning, Latest edition.</li> <li>• National Alliance on Mental Illness website</li> <li>• CVS Opioid Abuse Prevention</li> </ul>
<p><b>5. Written Test:</b></p> <p>The written test will consist of 100 multiple choice items in a maximum of 90 minutes.</p>
<p><b>6. Essay Question:</b></p> <p>One essay question will be administered with the original test. In case of a tie, the essay question will be judged and used to break the tie.</p>
<p><b>7. The test plan and resources for Behavioral Health Test are:</b></p> <ul style="list-style-type: none"> <li>• The Mind.....25% <ul style="list-style-type: none"> <li>Biological</li> <li>Sensation</li> <li>Perception</li> <li>Consciousness</li> <li>Motivation</li> <li>Emotion</li> <li>Learning</li> <li>Memory</li> </ul> </li> <li>• Psychology and Behavioral Health Disorders, Treatments, Therapies &amp; Service .....25%</li> </ul>

Autism  
ADHD  
Schizophrenia  
Bipolar  
Depression  
Anxiety  
OCD  
PTSD  
Personality Disorders  
Dissociative Disorders  
Eating Disorders

- Prevention, Identification, Recovery and Management of Substance Abuse and Mental Illness.....25%
- Wellness, Stress, Coping ..... 15%
- Workforce/Careers and Laws, Regulations and Guidelines .....5%
- History and Health Systems Integration .....5%

